Preparing yourself for the Spaceport America Cup

- This is a harsh, hot, dry, desert environment with potentially dangerous wildlife.
- Temperatures can reach 110 F (42 C)! Team members look out for each other!
- Dehydration injuries happen every year. BE PREPARED! WATER WATER WATER!!!
- Recovery team members need to have HARD SOLED shoes or hiking boots. Normal tennis shoes will not keep the large bush thorns from penetrating your foot.
- Everyone should be drinking significant amounts of water.
- Any team members wearing inappropriate/unsafe clothing will be asked to correct it immediately. Failure to comply will lead to points being deducted/you may be asked to leave.

STRONGLY RECOMMENDED clothing for anyone recovering a rocket
- Lightweight, Long Pants (Nylon/Poly)
- Sun shade hat (Large brimmed)
- Hiking Boots, Tennis shoes (Must be closed Toe)
- Long sleeve, fishing-style shirt

Desert wildlife to avoid:
- Tarantulas
- Snakes
- Scorpions

Clothing to AVOID:
- Open toed shoes, flip-flops, sandals
- Sleeveless T-shirts
- Shorts

Additional Items to carry with you:
- Water, lots of it! Always have water with you
- First Aid Kit (for your group)
- Sun Tan Lotion – SPF 45+ (apply every 2 hours)
- Insect Repellent
- Sunglasses